

General Sequence of the practice as of September 21, 2022:

1. 7 line prayer 3x (included in Shower of Blessings text)
2. Refuge and Bodhichitta (included in Shower of Blessings text)
3. Follow the practice all the way through to the dissolution (included in Shower of Blessings text)
4. Guru yoga prayers following the dissolution (below)
5. Prayer for Excellent and Noble Conduct —Zangchod Mönlam (separate attachment)
6. Prayer to be Reborn in the Pure Realm of Great Bliss — Dewachen (below)
7. Aspiration Prayer of Longchenpa (below, but can also be found in all our texts in the dedication and aspiration section)

Guru yoga prayers (these go after the dissolution)

PAL DAN TZA WAI LA MA RIN PO CHHE DAG GI NYING GAR PAD MAI DAN
ZHUG LA KA DRIN CHHEN POI GO NAY JEY ZUNG TE KU SUNG T'HUG KYI
NGÖ DRUB TZAL DU SOL

Glorious and precious root lama, rest on a lotus seat in my heart; care for me with your great kindness and bestow the spiritual accomplishments of enlightened body, speech, and mind.

PAL DAN LA MAI NAM PAR T'HAR PA LA KAD CHIG TZAM YANG LOG TA MI
KYE ZHING CHI DZAD LEG PAR T'HONG WAI MÖ GÜ KYI LA MAI JIN LAB SEM
LA JUG PAR SHOG

May I never, even for a moment, have wrong views in the life story of my glorious lama, and with the respect and devotion of seeing all actions purely, may the lama's blessings imbue my mindstream.

KYE WA KUN TU YANG DAG LA MA DANG DRAL MED CHHÖ KYI PAL LA LONG
CHOD DE SA DANG LAM GYI YON TAN RAB DZOG NAY DOR JE CHANG GI GO
P'HANG NYUR T'HOB SHOG

May I never in any lifetime be separate from the authentic lama, and always enjoy the splendor of the dharma. Perfecting the qualities of the paths and levels of realization, may I swiftly attain the state of Vajradhara!

[Insert Prayer for Excellent and Noble Conduct / Zangchod Mönlam here]

Prayer to be Reborn in Dewachen

EMAHO NGO TSAR SANG GYAY NANG WA T'HA YAY DANG YAY SU JO WO
T'HUG JÉ CHHEN PO DANG YÖN DU SEM PA T'HU CHHEN T'HOB NAM LA
SANG GYAY JANG SEM PAG MED KHOR GYIY KOR

Wondrous Buddha Amitabha, to your right is the Lord of Compassion, Avalokiteshvara, and to your left is the Mighty Bodhisattva, Vajrapani. You are surrounded by an infinite retinue of buddhas and Bodhisattvas.

DE KYID NGO TSAR PAG TU MED PA YI DÉ WA CHAN ZHEY JA WAI ZHING
KHAM DER DAG NI DI NAY TSÉ P'HO GYUR MA T'HAG KYÉ WA ZHAN GYIY
BAR MA CHÖD PA RU

Boundless and astonishing bliss and happiness is your pure realm of great bliss, called Dewachen. Immediately after this life ends, without interruption by any other rebirth,

DE RU KYEY NAY NANG T'HAI ZHAL T'HONG SHOG DÉ KAD DAG GI MÖN LAM
TAB PA DI CHHOG CHUI SANG GYAY JANG SEM T'HAM CHAD KYIY GEG
MED DRUB PAR JIN GYIY LAB TU SOL

may we be born there and meet you, Amitabha. By my making this aspiration, buddhas and bodhisattvas throughout all ten directions—grant the blessings of unobstructed accomplishment.

TADYA T'HA PANTSA DRIYA AWA BÖDHANAYÉ SOHA

Longchenpa's Aspiration Prayer

GANG DU KYEY PAI KYÉ WA T'HAM CHAY DU T'HO RIY YÖN TAN DUN DAN
T'HOB PAR SHOK KYEY MA T'HAK TU CHHÖ DANG T'HRAY GYUR CHIK
TSUL ZHIN DRUB PAI RANG WANG YÖ PAR SHOK

Throughout all lifetimes, wherever I am born, may I attain the seven qualities of the higher realms, and at birth may I meet with the dharma and have the complete freedom to accomplish it accordingly.

DER YANG LA MA DAM PA NYEY JEY CHING NYIN DANG TSAN DU CHHÖ LA
CHÖ PAR SHOK CHHÖ TOK NAY NI NYING POI DÖN DRUB TÉ TSÉ DER SI PAI
GYA TSO GAL WAR SHOK

There, may I serve a qualified lama, and day and night be immersed in the dharma. Through realizing the teachings, may I accomplish the meaning of the heart essence, and in that very lifetime, cross over the ocean of conditioned existence.

SI PAR DAM PAI CHHÖ RAB TÖN JEY CHING ZHAN P'HAN DRUB LA KYO NGAL
MEY PAR SHOK LAB CHHEN ZHAN DÖN CHHOK RIY MEY PA YIY T'HAM
CHAY CHHAM CHIK SANG GYAY T'HOB PAR SHOK

[At that point] may I teach the sacred dharma within conditioned existence and tirelessly accomplish benefit for beings. May the great waves of impartial benefit to others bring everyone simultaneously to buddhahood.