

Commitments

## Nyingtik Yabzhi Mantras

### Seven Line Prayer

HUNG OR GYAN YUL GYI NUB JANG TSAM PAY MA GÉ SAR DONG PO LA  
YAM TSAN CHHOK GI NGÖ DRUB NYEY PAY MA JUNG NAY ZHEY SU DRAK

*HUNG* On the northwest border of the country of Oddiyana, you appeared in the pollen heart of a lotus. Marvellous and having attained the most sublime siddhi, you are renowned as the Lotus Born

KHOR DU KHA DRO MANG PÖ KOR KHYEY KYI JEY SU DAK DRUB KYIY  
JIN GYIY LAB CHHIR SHEK SU SOL GURU PADMA SIDDHI HUNG

and surrounded by a retinue of many dakinis. As I practice, accomplishing you, please approach in order to confer blessings! *GURU PADMA SIDDHI HUNG*

### Vajra Guru Mantra

OM AH HUNG VAJRA GURU PADMA SIDDHI HUNG

### Hundred-Syllable Mantra

OM VAJRA SATTVA SAMAYA MANU PALAYA  
VAJRA SATTVA TENOPA TIKT'HRA DRIDHO MEBHAWA  
SUTO KAYO MEBHAWA SUPO KAYO MEBHAWA  
ANU RAKTO MEBHAWA SARWA SIDDHI MEPRA YATSA SARWA KARMA SUTZA MÉ  
TZITTAM SHREYAM KURU HUNG HA HA HA HO BHAGAWAN  
SARWA TAT'HAGATA VAJRA MA MÉ MUNTZA VAJRI BHAWA MAHA  
SAMAYA SATTVA AH

### Vajrasattva

OM VAJRA SATTVA HUNG